

Led by the Pottstown School District and PEAK

The PTICC Story

For over 11 years, the Pottstown Early Action for Kindergarten Readiness (PEAK) program has been working with children and families to provide high quality early childhood education. In 2014, they sought to understand the underlying conditions which brought about problem behaviors teachers saw in the classroom. Upon learning about trauma and its impact, the Pottstown School District decided to act - bringing together a group of community leaders to build a movement to make Pottstown a Trauma Informed Community.





The PTICC Steering Committee:

25 total members

organizations represented

different sectors



POPULATION: **22,377**

33% of children live below the Federal Poverty Line

3,300 students in the Pottstown School District

100% receive free or reduced lunch

ACCOMPLISHMENTS



Social Emotional Learning

Piloted a Social Emotional Learning Curriculum with 64 teachers with plans for full implementation in the 2017-2018 School Year



Training

Trained over 200 professionals and community members in ACEs and trauma



Community Partners

Convened almost 200 community partners at four quarterly meetings



Communications

Developed a robust communications strategy, including a website, social media, and branded materials

Funded by:













July 2017



Social and Emotional learning (SEL) is the process through which we learn to recognize and manage emotions, care about others, make good decisions, behave ethically and responsibly, develop positive relationships and avoid negative behaviors.

-Collaborative for Social and Emotional Learning. CASEL, 2017

The Pottstown School District has adopted the Second Step and School Connect SEL curriculum, which consists of explicit instruction in, and a whole community approach to:

SELF-AWARENESS: knowing your strengths and limitations

SOCIAL AWARENESS: understanding and empathy



SELF-MANAGEMENT: staying in control and persevering

RESPONSIBLE
DECISION- MAKING:
making ethical and safe
choices

RELATIONSHIP SKILLS: working in teams and resolving conflicts

Collaborative for Social and Emotional Learning, CASEL, 2017

Studies show than SEL can have a tremendous impact on a child's success in school. Evidence shows that SEL can...





We need to ensure SEL is a core aspect of every child's education. By doing so, we can support teachers in their critical work that helps children thrive not just as students, but also as leaders, dreamers, entrepreneurs, and citizens.

GETTING TO FULL IMPLEMENTATION

59 teachers piloted SEL in their classrooms

1 of the 4

elementary schools had full implementation of SEL

district wide implementation meetings

2016-2017 Pilot

Coaching was provided by a team from The Consultation Center at Yale University:

10 coaching sessions

Let's Talk
Conversations with
parents/caregivers

253 teachers and staff participated in In-Service Training

25 classroom observations

SEL In-Service Training





Strongly Disagree or Disagree (22.4%)

Neither Agree or Disagree (26.4%)

Agree or Strongly Agree (50.8%)

SEL is useful for promoting academic engagement



Strongly Disagree or Disagree (7%)

Neither Agree or Disagree (23.5%)

Agree or Strongly Agree (69.5%)

SEL is useful for developing my students' social & emotional skills



Strongly Disagree or Disagree (3.5%)

Neither Agree or Disagree (19.7%)

Agree or Strongly Agree (76.9%)

Helping Pottstown build strong, healthy relationships











Promoting Awareness of **ACEs and Trauma** in Pottstown

Led by the Pottstown School District and PEAK

The Pottstown Trauma Informed Community Connection sponsored introductory trainings about Adverse Childhood Experiences (ACEs) and trauma for over 200 community members.

Training Community Members

Training Law Enforcement

General Trauma 101 Trainees

Police Trauma 101 Trainees

Of the total 205 trainees...



42.4% identified schools/education as their primary sector



19.2% identified law enforcement/ legal as their primary sector



18.2% identified social service as their primary sector

61.7% of trainees had no prior training in ACEs and trauma

Training Results

Trainees had statistically significant changes in knowledge about and attitudes toward trauma-informed practice as a result of theses twohour introductory trainings.

4% increase in knowledge about ACEs and trauma

increase in their attitudes toward trauma-informed practice

Training Satisfaction

As a result of this training, I better understand trauma, ACEs, and related issues



Strongly Disagree or Disagree (10.8%)

Neither Agree or Disagree (26.3%)

Agree or Strongly Agree (62.9%)

I can use the material presented in my job or relationships



Strongly Disagree or Disagree (7.2%)

Neither Agree or Disagree (12.9%)

Agree or Strongly Agree (79.9%)







PTICC Community **Partners**



2016-2017

The Pottstown Trauma Informed Community Connection held four total meetings of PTICC **Community Partners:**

> June 2016: Introducing **PTICC**

October 2016: Adverse Childhood

> January 2017: Social Emotional Learning

Experiences

April 2017: Protective Factors Meetings of PTICC Community Partners, led by the PTICC Steering Committee, bring area organizations together to develop the community response to childhood trauma and adversity.

Unique Attendees

Organizations Represented

Different **Community Sectors**

"Keep up the great work! I say this after every meeting but I truly learn something new at each community partner meeting. There is always something to be taken away. Thank you for all you do to help our community become trauma-informed.



Nearly one quarter said they had 2-3 hours per week to give to this effort

Top Sectors Represented:



Social Services







Health Care



76% say they'd like to attend

Nearly all community partners received recent training in ACEs and trauma







July 2017

PTICC Community Partners

Led by:

Pottstown Early Action for Kindergarten Readiness

Pottstown School District

Borough of Pottstown

Creative Health Services, Inc.

Mercury Fit for Life

Montgomery County Public Defender

Montgomery Early Learning Centers

Access Services

ACLAMO Family Centers

ArtFusion

Big Brothers Big Sisters Southeastern PA

Cedarville United Methodist Church

Centro Cultural Latinos Unidos

Chester County Department of Human Services

Child and Family Focus

Child Care Information Services of Montgomery County

Christ Episcopal Church

Community Health & Dental Care

Diplomate American Academy of Chiropractic Pediatrics

Elizabeth B. Barth Elementary School

Family Services of Montgomery County

First United Methodist Church

Friends of Hopewell Furnace

Green Tree Community Health Foundation

Harris Family Ministries

Healing Horses Foundation

HIP HOP, Inc.

Home of the Sparrow

House of Restoration

Kellman Car Advertising and Rental

Steering Committee:

Penn Project for Civic Engagement

Pottstown Area Health and Wellness Foundation

Pottstown Cluster of Religious Communities

Pottstown Family Center

Pottstown Police Department

The Salvation Army Thomas Scattergood Behavioral Health

The Consultation Center at Yale

School of Medicine

Foundation

United Way of Greater Philadelphia and Southern New Jersey

Community Partners:

Kingdom Life Church

Lakeside Global Institute

Laurel House

Life After Trauma Organization

Lifeworks Counseling Center, LLC Coventry Pediatrics

Living Resolutions

Maternity Care Coalition

Mental Health Partnerships

Mission Kids Child Advocating Center

Montgomery County Community
College

Montgomery County District Attorney

Montgomery County Health Department

Montgomery County Intermediate Unit

Montgomery County Office of Children and Youth

Montgomery County Office of Drug and Alcohol

Montgomery County Office of Mental Health

Mt. Olive Baptist Church

Operation Inspiration

PA Keys

Philadelphia Freedom Valley YMCA

Pottsgrove School District

Pottstown Chapter of the NAACP

Pottstown Cluster of Religious Communities Pottstown Downtown Improvement District Authority

Pottstown Regional Public Library

Pottstown Senior Citizen Board

Professions School

Progressions Behavioral Health

Public Citizens for Children & Youth

Schuylkill River Greenway Association

St. Joseph Medical Center Foundation

The Anderson Group

The Barra Foundation

The Laurel House

The STRIVE Initiative

Transformation Initiative for Building Healthy Communities Through Healthy Families

Trauma Informed Education Coalition

TriCounty Area Chamber of Commerce

TriCounty Community Network

Triskeles Foundation

Ursinus College, Psychology Department

Victim Services Center of Montgomery County, Inc.

Wellness Council of Boyertown

Wesleyan Christian Church

Wings of Victory

Women's Center of Montgomery Country







The Pottstown Trauma Informed Community Connection (PTICC) has developed a robust communications strategy to increase awareness about Adverse Childhood Experiences (ACEs) and what the community can do to prevent them and protect against their impact.

Strategies Include:



Web Presence



Presentations



Traditional Media and Others

PottstownMatters.org

2,102

unique visitors to the PTICC website

are visiting the website for the first time **72**%



Facebook



total number of page likes

Twitter



total number of followers

92

June 2016 - June 2017

40

roughly the number of presentations done by the PTICC steering committee

Key Stakeholders

Pottstown School District Family Advisory Committee

Pottstown Chamber of Commerce

Montgomery County Behavioral Health/Developmental Disabilities Department

> Montgomery County Commissioner's Office

Borough of Pottstown



Newspapers

PTICC's work has been highlighted in:

THE MERCURY

READING EAGLE



Television and Web



State Senator Mensch's, The Mensch Report

PennState Better Kid Care Module

Pottstown Area Health and Wellness Webisodes

Connection Matters

The Pottstown Trauma Informed Community Connection has developed a strong brand, with recognizable, cohesive visual elements and approachable language.



