EVERYTHING WE DO BEGINS WITH
WE LISTEN. WE TREAT. WE CARE.

CHR believes that treatment works and we can help. We have passion for what we do and compassion for the way we do it with every person we serve. Coupled with our expertise and experience, you will understand why we are the provider of choice for accessible, affordable mental health and substance abuse treatment throughout Central and Eastern Connecticut.

As a leading behavioral health provider, CHR offers a full range of programs and services for adults, children and families when and where they are needed. As a growing agency with more than 80 community-based programs and 32 locations, we are already close to where people work and live. Help is within reach.

HELPING CHILDREN AND FAMILIES GROW TOGETHER.

We know that life brings real challenges for children and their families—we offer real hope. After listening to both the child and family, our team provides treatment for emotional and behavioral problems, substance abuse and significant stress for children up to 18 years of age. Families learn how to deal with difficult issues, develop effective communication skills and create healthy, long-term positive relationships.

Through our broad range of Outpatient Services CHR provides crisis intervention/support, clinical and psychiatric assessments, treatment and medication management, as well as individual and family therapy. CHR also offers multiple evidence-based treatment programs such as Trauma-Focused Cognitive Behavioral Therapy, Intensive In-Home Child and Adolescent Psychiatric Services, Functional Family Therapy and Adolescent Substance Abuse Treatment, ensuring that each child receives individualized services in the setting best for him or her. Our extensive medical staff including child psychiatrists and APRNs are ready to see new patients.

We also provide care coordination, community supports for families, foster care programs and many other home and community-based services. At CHR, we celebrate progress every step of the way, knowing a new beginning is within reach.
CREATING INDEPENDENCE THROUGH RECOVERY.

Living a healthy life is possible. We see positive, lasting changes made every day. CHR is committed to helping individuals minimize or eliminate the adverse effects their mental illnesses can have on autonomy, relationships, employment, home and other quality-of-life issues. We help individuals better understand their illness and function as active members in the community.

By listening to the unique needs of each person, we work together to identify goals, define recovery and create personalized treatment plans. You can trust that CHR offers the most comprehensive and caring services available including outpatient treatment, partial hospital/intensive outpatient programs, crisis intervention and emergency services, community-based outreach services and residential programs. Our Outpatient Services include assessments, psychiatric evaluation, individual, group and family therapy and medication management services.

By empowering individuals to reach their personal goals, we help them manage their illness and live happier, more independent lives.

WE NOT ONLY PROUDLY MEET NATIONAL STANDARDS, WE PROUDLY MEET YOURS.

Our dedication to being Connecticut’s most comprehensive behavioral health provider for adults, children and families has earned us a Gold Seal of Approval™ by The Joint Commission. As an independent healthcare accreditation organization, The Joint Commission evaluates and accredits more than 16,000 hospitals and healthcare organizations across the country. The Gold Seal of Approval certifies that CHR meets or exceeds quality and safety standards.

FOR AVAILABILITY OF SERVICES IN YOUR AREA, CALL CHR’S ASSESSMENT CENTER AT 1.877.884.3571 (1.877.88.HELP1) OR VISIT WWW.CHRHEALTH.ORG
OPPORTUNITIES FOR RECOVERY THAT LAST.

At CHR, we understand the struggle with alcohol, illicit and prescription drugs, and other substance use, and the impact it can have on daily life. We help people break the cycle of dependency, make healthier choices and overcome substance abuse.

To support the comprehensive needs of those seeking recovery, we offer a wide range of treatment options including assessment and evaluation, detoxification, medication-assisted treatment, outpatient and residential programs (both intensive and intermediate), sober living residences, case management, and a special residential program for chemically dependent pregnant and postpartum women and their children.

Our mission has always been to restore hope through programs that deliver positive outcomes, including the recent integration of Community Prevention and Addiction Services (CPAS). As substance abuse and mental health issues are not mutually exclusive, the integration of CPAS has helped us offer an expanded continuum of services. This enables staff to meet the challenges of serving a diverse and complex group and to offer the hope so critical to a healthier, happier life.

WE HOPE THAT YOU WILL LET US HELP.

CHR is a trusted resource. If you are in a position to help someone deal with a behavioral health issue, we hope you will call or refer the person to us. If you want to learn more about CHR and our range of services, programs and locations:

Visit us at www.chrhealth.org.

To schedule an appointment call us at 1.877.884.3571 (1.877.88.HELP1).

CHR PROVIDES HELP AND HOPE FOR THE CHALLENGES OF REAL LIFE.
Photos are not actual CHR clients.
CALL FOR HELP. RECEIVE HOPE.

CHR offers simple access to treatment. It begins with a single call to our Assessment Center. Our qualified staff of professionals, including licensed and Master’s level clinicians, learn about a person’s needs and then we partner with you to select the best treatment options. We answer questions, discuss program eligibility requirements, process insurance information and schedule an initial appointment. Spanish-speaking assistance and therapy is also available.

In a crisis, CHR provides support 24 hours a day, 365 days a year. Through phone support and our mobile crisis teams we can offer immediate intervention, stabilization and alternatives to hospitalization.

Call CHR’s Assessment Center at 1.877.884.3571 (1.877.88.HELP1).

CHR accepts self-referrals, as well as referrals from caring individuals and organizations. That includes parents, guardians, family members, friends, schools, hospitals, private providers, primary care physicians, pediatricians, community agencies and emergency service personnel.

CHR accepts Medicaid, Medicare, HUSKY Part A & Part B, and most major health insurances as partial or full payment for services. A sliding scale fee is available based on an individual’s or family’s ability to pay.

CONVENIENT LOCATIONS

CHR is always expanding. The map below includes our current service area.

CHR OFFICE LOCATIONS

BLOOMFIELD
693 BLOOMFIELD AVENUE
SUITE 101
BLOOMFIELD • CT 06002

MANSFIELD
7B LEDGEBROOK DRIVE
MANSFIELD • CT 06250

DANIELSON
37 COMMERCE AVENUE
DANIELSON • CT 06239

NORWICH
55 MAIN STREET
SUITE 270
NORWICH • CT 06360

ENFIELD
153 HAZARD AVENUE
ENFIELD • CT 06082

PUTNAM
391 POMFRET STREET
PUTNAM • CT 06260

HARTFORD
999 ASYLUM AVENUE
SUITE 502
HARTFORD • CT 06105

WILLIMANTIC
433 VALLEY STREET
WILLIMANTIC • CT 06266

MANCHESTER
587 EAST MIDDLE TURNPIKE
MANCHESTER • CT 06040