DATE: December 1, 2009

TO: MEMBERS, CANDIDATES, FELLOWS, PSYCHOTHERAPY STUDENTS

FROM: Bruce J. Levin, M.D.
Chair, Committee on Psychoanalytic Fellowship

Members of Committee: Kimberly Best, M.D., Bernard Comber, M.D., Frederick Fisher, M.D., Daniel Freeman, M.D., Ed Goldberg, Edward Hicks, M.D., Abigail Kay, M.D., Michael Kowitt, Ph.D., Craig Lichtman, M.D., Fran Martin, Ph.D., Mark Moore, Ph.D., Dale Panzer, M.D., Diana Rosenstein, Ph.D, Kathleen Ross, Ph.D., M.S. W., Ann Smolen, Ph.D., Elaine Zickler, Ph.D., Barbara Zimmerman-Slovak, Ph.D

RE: Fellowship in Psychoanalysis

The Psychoanalytic Fellowship sponsored by the Psychoanalytic Center of Philadelphia is an academic honor awarded to applicants who show outstanding interest in psychoanalytic studies. The one-year Fellowship is highly selective and there is careful screening by the committee. A second year of Fellowship is available to Fellows for further study.

The Fellowship includes exposure to psychoanalytic concepts through discussion with psychoanalytic mentors. The mentors are selected from the membership of the Psychoanalytic Center of Philadelphia. Each Fellow has defined a specific focus of study for the year, and will meet monthly with the mentors to study and discuss selected specific topics during the year.

The Fellowship has three tracks:

1. An academic track for non-clinical scholars and academics.

2. A clinical track for psychiatrists, psychologists and social workers.

3. An honorary track to recognize academic leaders who have worked collaboratively with psychoanalysts in education, clinical or research areas. This track does not include formal mentorship.
The Fellowship emphasizes our Center and psychoanalysis as a valued resource to the academic and clinical communities. We want to enrich the Fellows' views and knowledge about psychoanalysis and enrich ourselves by their presence.

In addition to the mentorship, the Fellows are invited to audit classes in either the Adult or Child Psychotherapy Training Programs or courses in the Psychoanalytic Training Programs. Fellows are also invited to participate in courses and programs in the Alliance for Psychoanalytic Thought and Scientific Sessions.

I am delighted to introduce the **RECIPIENTS FOR THE 2009-2010 PSYCHOANALYTIC FELLOWSHIP.**

**FIRST YEAR:**

**CLINICAL FELLOWS:**

**Anna Baumgaertel, M.D., F.A.A.P.** – She is a developmental-behavioral pediatrician who has been a researcher and medical academician. She was practicing at Children’s Hospital of Philadelphia until 2008. She recently started her own private practice of developmental behavioral pediatrics in Narberth PA. She is involved with evaluations and management of children with a wide variety of neurodevelopmental problems, especially ADHD and autism. She is interested in the fellowship to better understand the application of psychoanalytic ideas and approaches to these children and to the support of their families. Her mentors are Drs. Barbara Shapiro and William Singletary.

**Maria Lozano Celis, M.D.** – She is a PGY -3 psychiatry resident at Albert Einstein Medical Center. She brings unique educational experiences to the fellowship since she completed a psychiatry residency in Medellin, Columbia and also receiving a diploma from the Culinary Arts Institute in Fort Lauderdale, Fla. She will use the fellowship to increase her understanding of psychoanalytic concepts and explore psychoanalytic views of religion, psychosomatic syndromes and dream analysis. Her mentors are Drs. Alex Glijansky and Diana Rosenstein.

**Nicole Dorio, D.O.** – She is a third year resident in psychiatry at UMDNJ-SOM. While she started her medical career pursuing oncology her curiosity about her patient’s emotional suffering and personality difficulties led her towards psychiatry. She will use the fellowship to expand her didactic understanding of basic analytic concepts and how they are experienced in the clinical setting. Her mentors are Drs. Albert Kaplan and Gerald Margolis.
Andrea Doyle Ph.D. – She recently moved from Seattle after finishing her Ph.D. to take a tenure track position at the University of Pennsylvania School of Social Policy and Practice. Her interest in dynamic processes in clinical encounters has led her to training in a variety of research methods. She has explored the measurement of psychoanalytic processes and has discovered dynamic clinical processes are measurable in very sophisticated ways. She will use the fellowship to discuss a research design for study and explore an article for publication in the area of clinical process. Her mentors are Drs. Lawrence Blum and Ann Smolen.

Lori A. Goldstein, M.D. – She is a PGY – 4 psychiatry resident at University of Pennsylvania. She entered psychiatry after completing two years of Obstetric and Gynecology training at Pennsylvania Hospital. She found the fast pace and extremely guideline oriented reality of contemporary practice impeded the development of a deeper patient-physician relationship. She has found her “calling” in psychiatry and looks forward to using the fellowship to explore her interests in personality structure, conflict analysis, resistance, transference/countertransference, and eating disorders. Her mentors are Drs. Kenneth Cohen and Lana Fishkin.

Erin Hadley, Ph.D. - She is a Clinical Psychology Post-Doctoral Fellow at Pennsylvania Hospital and a recent graduate of Long Island University Clinical Psychology Program. She enjoys working with people during adolescence and early adulthood and is interested in using the fellowship to better understand issues of separation/individuation, independence and intimacy. She is also interested in deepening her understanding of how to apply dynamic theory to work with traumatized communities. Her mentors are Drs. Fran Martin and Corrine Masur.

Jonathan M. Kersun, M.D. – He is a psychiatrist in private practice in Swarthmore PA who is also the Medical Director at Child Guidance Resource Centers in Havertown. He will use the fellowship to deepen his understanding of child development, pathology, assessment, and treatment. He will also use the fellowship to better understand psychodynamic theory and technique in his clinical work with his patients in practice. His mentors are Drs. Bernard Comber and Ruth Fischer.

Dan Livney, M.S. – He comes to psychology after spending 11 years working in the computer field during the “dot.com” upsurge. He is completing a Psy.D. at Chestnut Hill College. He is also participating in a predoctoral internship at Swarthmore College counseling center while also working on his dissertation involving adolescents, group process, and mentalization. He will use the fellowship to become more familiar with psychoanalytic theory and its application in work with adolescent and college age patients. His mentors are Drs. Sally Holtz and Jack Solomon.
Kevin Scott McCarthy Ph.D. – He is a Clinical Psychology Post-Doctoral Fellow at Pennsylvania Hospital and a recent graduate of University of Pennsylvania Psychology Doctoral Program. His professional goal is to become a professor of psychology at an area college or university and would like to present his students with a more even handed view of psychodynamic theory than he received at the undergraduate level. He will use the fellowship to gain a better understanding of basic concepts, theory, technique and analytic process. His mentors are Drs. Fredrick Miller and Mark Moore.

Claire Pouncey, M.D., Ph.D – She is a psychiatrist who recently left academic medicine for private practice. She completed her training at the University of Pennsylvania in 2005 and enjoyed academics but she found it did not permit time to engage creatively with her work in philosophy. Her philosophical projects focus on psychiatric classification and psychiatric ethics, both of which have room to be informed by psychoanalysis. She will use the fellowship to explore these academic interests and to enhance her clinical work. Her mentors are Drs. Gary Flaxenberg and Isaiah Share.

Keren L. Sofer, Psy.D. - She is a Psychology Post-Doctoral Fellow at Pennsylvania Hospital and a recent graduate of University of Denver Graduate School of Professional Psychology. She will use the fellowship to become better versed in psychoanalytic theory and ways to apply it to the clinical situation. She is also interested in exploring the feasibility of psychodynamic practice and ways to apply psychoanalytic therapy in work with adolescents and couples. Her mentors are Drs. Susan Adelman and Barbara Young.

Gregory Thorkelson, M.D. – He is PGY–2 psychiatry resident at Temple University. His life has been a series of varied and diverse yet interrelated experiences. In his teenage years, the thrust of his focus was on the violin and information technology. In college he majored in finance while performing in orchestras and working in technical support and server administration. He will continue his pursuits of diverse interests in the fellowship by exploring the connections between Eastern thought and Western psychoanalytic tradition. He also plans to use the fellowship to broaden his application of analytic thought to his work with patients. His mentors are Dr. Richard Cornfield and Ms. Linda Spero.
ACADEMIC FELLOWS:

Sam Jones, M.A. – He is Senior Associate Director of Global Careers at the Wharton School, University of Pennsylvania. He has been exposed to psychodynamic thinking when he worked, in Shanghai, China, for a psychodynamically oriented HR firm called Global Executive Resources. The firm focused on executive assessment using psychometric instruments and dynamic interviewing and long term coaching. As a career advisor to a cross-cultural group of highly intelligent, motivated and achievement oriented Wharton students, he will use the fellowship to study the application of psychoanalytic theory to the process of MBA career advising. His mentors are Drs. Robert Kravis and Craig Lichtman.

Margarete Landwehr, Ph.D. – She is Associate Professor of German and German Program Coordinator at West Chester University. Her impressive expanse of academic work covers German literature, film, culture, and language often related to issue of the Holocaust. She will use the fellowship to research W.G. Sebald’s novel “Austerlitz”. In the fellowship she will explore two themes in these works—trauma narratives as revealing and concealing secrets and the role of empathy—function both on the level of content, of the plot and in form. Her mentors are Drs. Henri Parens and Elaine Zickler.

James Rahn, M.F.A. – He is a writer and teacher who has published many stories and articles and taught at Penn for 15 years. In 1988 he started the Rittenhouse Writers’ Group, a series of quarterly fiction writing workshops. In his years of teaching he has seen the need for in-depth exploration of the unconscious factors that can prevent writers from delivering their hearts to the page. This interest led him to participate in the Psychodynamic Psychotherapy Program. He will continue to explore these interests in the fellowship with special attention to the psychodynamics involved with writers block, and difficulty starting or sustaining creative projects. His mentors are Dr Eric Lager and Ms. Susan Levine.

Ilana Vine – She is a recent graduate of Bryn Mawr College where she majored in English and Theater and minored in creative writing. She has experience as an actor, director, playwright, and dramaturg and has been involved in 13 college productions. She will use the fellowship to study psychoanalysis as it applies to theater, specifically the relationship between director and actors. She is interested in exploring inhibitions and conflicts which restrict actors from becoming more fully engaged in their performances. She is also interested in transference phenomenon between actors and directors in order to understand the complexities of their working relationships. Her mentors are Drs. Deena Adler and Fredrick Fisher.
SECOND YEAR:

CLINICAL FELLOWS:

Catherine Baker-Pitts, Ph.D. - She is a clinical social worker, in private practice, who recently moved her busy family life and Manhattan psychotherapy practice to the Philadelphia area. She completed a four-year psychoanalytic training program at The Women’s Therapy Centre Institute in NYC where she is now on faculty. She is pursuing the fellowship to explore more deeply her dissertation research which involved the conscious and unconscious dynamics involved in the process surrounding cosmetic surgery. She is particularly interested in transference and enactments between patient and the cosmetic surgeon. Her mentors are Dr. Edward Hicks and Ms. Miriam Field.

Tanya H. Hess, Ph.D. - She is a Clinical Psychologist at the Philadelphia VA Medical Center, having recently completed her Clinical Psychology Internship at Pennsylvania Hospital and a Post-Doctoral Fellowship in eating disorders and residential treatment at the Renfrew Center. She will use the fellowship to examine the psychotherapeutic process with special attention to the counter-transference and applying psychoanalytic theory within the constraints of brief treatments. Her other interests include the history of psychoanalytic thought and relational psychoanalysis. Her mentors are Drs. John Frank and Thomas Wolman.

Basant K. Pradhan, M.D. – He is a PGY-3 psychiatry resident at Albert Einstein Medical Center. He completed a psychiatry residency in India where he studied psychoanalysis and treated patients with psychoanalytic therapy. In addition, he has recently been selected for the Child Psychiatry Fellowship at Jefferson. He will use the fellowship to broaden his existing knowledge and skills in analytic treatment with particular interest in character pathology. His mentor is Drs. Daniel Freeman.

Matthew Purcell, Psy.D. - He is a staff psychologist at Pennsylvania Hospital, working both on the hospital's psychiatric inpatient unit and in the outpatient psychology clinic. He will use the fellowship to enrich his understanding of the various psychodynamic theories of the mind and how they apply to clinical practice. He is also interested in the growing literature demonstrating the empirical evidence supporting the efficacy of psychodynamic psychotherapy. Additionally, he hopes to explore the application of psychodynamically informed short-term psychotherapy in inpatient hospital settings, its potential benefits, and its limitations. His mentor is Dr. Sydney Pulver.

Lindsay B. Sortor, Psy.D. - She is a clinical psychologist with the Penn Center for Women’s Behavioral Wellness at the University of Pennsylvania. Her joint focus is reproductive psychology and psycho-oncology. Following a two-year internship and post-doctoral position at Pennsylvania Hospital, where she fostered her interest in cancer, she cultivated an even more specific interest in young women struggling with
issues of fertility as cancer treatment options loom large, as well as those women coping with infertility following various treatments. She maintains her foundation in psychodynamics and hopes to utilize this fellowship to further understand the dynamic interplay between medical illness, relationships, and life stages. Her mentors are Drs. Peter Badgio and Eva Loeb.

ACADEMIC FELLOWS:

Helen M. Buettner, Ph.D. – She is a Professor in Biomedical Engineering and Chemical & Biochemical Engineering at Rutgers University. She has served as the Associate Dean in the School of Engineering and currently is the Vice Chair of the Biomedical Engineering Department. She would like to use the fellowship to develop her ideas about mentoring in engineering. She would also like to apply psychoanalytic thinking to elucidate strategies for improving the representation and success of women in academic engineering careers. Her mentors are Drs. Jeffrey Applegate and June Greenspan-Margolis.

Amy Buzby – She is a 2006 graduate of Haverford College and currently a third year Ph.D. student in Political Science at Rutgers University. She first encountered Freud and psychoanalytic thinking as an undergraduate. As her research and reading has become more extensive she contends that analytic thought has been grossly neglected by mainstream political theory. She will use the fellowship, in conjunction with her dissertation work, to bring psychoanalytic thought more fully to bear on political theory. Her mentors are Drs. Anita Schmukler and Carroll Weinberg.

Alex Kaplan – He is a 2009 graduate of Haverford College currently working on government reform issues for Common Cause Pennsylvania. He began his fellowship in his senior year in efforts to study insight oriented therapies rarely covered in his undergraduate courses. He will use the fellowship to study clinical practice, psychoanalytic thought and application of analytic ideas to social service in order to prepare for graduate studies. His mentors are Dr. Marc Inver and Ms. Mimi Rose.

Michele Stake, M.H.S., D.P.T. – She is a practicing physical therapist with a wide range of clinical experience for the past twenty years. She recognizes the value of learning psychoanalytic theory to help improve her clinical work with patients. She hopes to learn about the relationship between psyche and soma, particularly since her patients often suffer from complex disabilities and high levels of pain. She would also like to study how transference between patient and therapist affects the rehabilitation process. Her mentors are Drs. Elio Frattaroli and Ruth Garfield.
Expanding the horizons of psychoanalysis

Psychoanalysis does not have to be limited to the confines of a therapist's office. In fact, it can be applied to various aspects of life, from personal relationships to professional settings. This is especially true in light of the current pandemic, where remote therapy sessions have become the norm. As a result, therapists are finding new ways to connect with their patients and to provide support.

For example, in a recent article, a therapist discusses how she uses psychoanalysis to help clients navigate the challenges of working from home. She explains that the pandemic has created a sense of dislocation and anxiety, and that psychoanalysis can be a helpful tool for understanding and processing these feelings.

The therapist also highlights the importance of self-care during these challenging times. By encouraging clients to engage in activities that bring them joy, she helps them to maintain a sense of perspective and to find meaning in their daily lives.

Overall, this article provides a valuable insight into how psychoanalysis can be adapted to meet the needs of today's clients. It is a testament to the flexibility and power of this therapeutic approach, and it demonstrates the ongoing relevance of psychoanalysis in a rapidly changing world.
Local Fellowship Succeeds in Philadelphia

Bruce J. Levin

The Fellowship Program of the American invites a wide variety of talented mental health professionals throughout the country to participate in an innovative educational program. Many local institutes have supported the American’s Fellowship winners and applicants by providing mentors and local courses. But one of the unexpected side effects of this national endeavor has been the creation and emergence of separate local psychoanalytic fellowship programs organized by training institutes in such cities as Chicago, Denver, New York, Philadelphia, and Washington, D.C.

These local fellowship programs have followed the lead of the national program by emphasizing the mentoring relationship as the keystone of the fellowship experience for local psychiatric, psychology, and social work talents. In most instances, the local fellows and mentors meet monthly while didactic or clinical courses are offered to expose the fellows to psychoanalytic thought and involve them in the psychoanalytic community. Often the local fellows are also invited to scientific sessions and other programs sponsored by the institutes. Local fellowships fill a unique educational role for clinicians and trainees who want a greater understanding of psychoanalytic concepts but are either not interested in or not ready for formal psychotherapy or psychoanalytic training. These programs have proven to be a “user-friendly” way for training institutes to demonstrate their willingness to attend to a wide range of educational needs within the clinical community in a personal and meaningful manner. The overall expense to organize and maintain these local fellowship programs is nominal and typically requires no tuition fee from the fellows.

The process of developing the Psychoanalytic Fellowship Program at the Institute of the Philadelphia Association for Psychoanalysis has paid unforeseen dividends for our institute, fellows, students, teaching programs, and morale. As with other institutes, we saw a local fellowship program as a vehicle to educate and reach out to a wide range of clinicians. In early 1995, we began to organize a fellowship program for the 1995–96 academic year. A Sub-committee for Psychoanalytic Fellowship was established through our Medical Liaison Committee, and I was appointed chair. Sub-committee members include Deena Adler, Frederick Fisher, Emanuel E. Garcia, Michael Kowitt, Eva G. Loebl, Franklin C. Malason, and Harvey Schwartz. While we were organizing ourselves to start mentoring local psychiatrists, psychologists, and social workers, happenstance sent good fortune to reward our hard work.

We were contacted by Lori Lefkowitz, an assistant professor of English at Kemyon College in Ohio who was relocating to Philadelphia to direct the Women’s and Gender Studies Program at the Reconstructionist Rabbinical College in Wynnewood, Penn. Lefkowitz was writing a book on sisters and siblinghood and wanted to speak with several psychoanalysts in order to better understand familial psychology and relationships for her book. When she learned of our fellowship initiative, she asked if she could participate. We learned she was known as a superb teacher, scholar with an emerging national reputation, and a citizen whose voice was attended to, so we decided to listen. We realized that she could learn from us and we could learn from her. This compelled us to rethink the structure and function of our program.

An Academic Honor

We decided that the psychoanalytic fellowship sponsored by the institute would be an academic honor awarded to applicants who show outstanding interest in psychoanalytic studies. The one-year fellowship would be highly selective and carefully screened by the sub-committee. We found that many fellows wanted to maintain their involvement with us, and we now offer a second year of fellowship. Beyond the second year, fellows can become fellowship associate members, which entitles them to be listed in our catalogue, attend scientific meetings, use our library, and form an alumni organization.

The fellowship includes clinical exposure to psychoanalytic concepts through discussion with psychoanalytic mentors. The mentors are selected from the faculty of the institute who have generously given their time for mentoring and teaching. Each fellow has defined a specific focus of study for the year and meets monthly with his or her mentor to study and discuss selected specific topics during the year.

The fellowship has three tracks:

1. An academic track for non-clinical scholars and academics.

2. A clinical track for psychiatrists, psychologists, and social workers.

3. An honorary track to recognize academic leaders who have worked collaboratively with psychoanalysis in education, clinical, or research areas. This track does not include formal mentorship.

The fellowship emphasizes our psychoanalytic organization and psychoanalysis as a valued resource for the academic community. We want to enrich the fellows’ views and knowledge of psychoanalysis and enrich ourselves by their presence.

In addition to the mentorship, fellows are invited to attend scientific sessions, classes of their selection in the Psychodynamic Psychotherapy Training Program, Extension Division programs, and Women’s Study Division programs.

In the 1995–96 academic year, we assumed we would begin our fellowship program with only Lori Lefkowitz as an academic fellow. To our delight and surprise, word spread throughout the institute and we received several impressive applications. We accepted four clinical fellows: a primary care internist who studied the application of psychoanalytic concepts in her medical practice, a psychiatric resident who applied psychoanalytic principles to consultation liaison psychiatry, a recent graduate from psychiatric residency who studied and pursued her interest in psychotherapy and developmental issues in the college population, and a Jungian psychiatrist/therapist who used the fellowship to compare and contrast Jungian theory and technique with classical psychoanalytic theory and technique. We also recognized Michael Vergare, chair of the psychiatry department at Albert Einstein Medical Center and Jefferson Medical College, with...
an honorary fellowship. He was honored for his life-long professional and personal commitment to the support of psychoanalysis and dynamic psychiatry.

In the first year, we found the mentorship worked best when each fellow had two mentors. It broadened the fellow’s exposure to different styles and approaches to applied psychoanalytic thinking and increased the probability of a good “match” in the mentoring relationship. The possibility of good pairing of fellow and mentor was also enhanced in our application process. Each applicant would submit an essay (with a curriculum vitae) that outlined the specific topics of applied psychoanalysis he or she wanted to study for the year. When these goals were described in detail in the essay and elaborated upon during two interviews by subcommittee members, it was easier to find a mentor-analyst who had similar interests.

Building on Success

Our second year of fellowship built on the success of the previous year. The professional diversity and areas of interest expanded within the overall group of fellows.

The 1996–97 academic fellows:

- An associate professor of psychology and computer science who is an expert in computer models of cognition.
- A professor of German whose scholarly pursuits include translation of Freud's twelfth metapsychological paper, "Overview of the Transferenz Neurosis" and was an official translator for the Signum Freud Archives of the Library of Congress. He used the fellowship to explore psychohistorical and psychodynamic underpinnings of Freud and Ferenczi's relationship for his academic research.
- The chief assistant district attorney for the Family Violence and Sexual Assault Unit in the Philadelphia district attorney's office. She used the fellowship to study family violence and examine psychodynamic motivations that underlie abusive family relationships. She completed the fellowship and is currently a candidate.
- In 1996–97 we also accepted one clinical fellow, a psychiatric resident who used the fellowship to gain a better understanding of psychodynamic listening.

At the end of the second academic year of the psychoanalytic fellowship, there was “growing recognition by our psychoanalytic organization and by our fellows of a need to dialogue with each other in some areas of applied psychoanalysis that were ripe for mutual enlightenment,” as Richard Cornfeld wrote in our newsletter. We organized a fellowship panel discussion on “Applied Psychoanalysis: Psychoanalytic Concepts in Communication with Other Fields.” Our panelists, all fellows, included Loni Lefkowitz, Peter Hoffer, a professor of German at the University of the Sciences in Philadelphia, assistant district attorney mini Rose, and Arthur Caplan, chair of the bioethics department at the University of Pennsylvania, who discussed psychoanalytic thought as applied to literature, history, law, and bioethics, respectively. Harold Kolansky, who played an instrumental role in establishing our local fellowship as chair of the Medical Liaison Committee, moderated the scholarly presentations and a lively and inspiring discussion among our panelists and audience.

Diverse Accomplishments

Inspiration was also found among the fellowship recipients for 1997–98. The academic fellows:

- An assistant professor of philosophy interested in academic debates about the validity of psychoanalytic therapy who is particularly critical of the Freud-bashing in academic circles. He used the fellowship to gain greater didactic knowledge and understanding of psychoanalytic ideas, with the ambition of entering those academic debates.
- A resident of theAFP Psychology of Philadelphia (a colleague of the fellow who is an assistant district attorney) who used our program to increase his understanding of psychiatric problems and psychodynamic issues troubling his clients in the Public Defender's Office.
- The principal of a private suburban elementary school who appreciated the complex transference reactions of parents to him in his role as school leader. He used the fellowship to gain an understanding of how child psychoanalysts approach parents, family members, and the transference reactions in these relationships.

We accepted one clinical fellow in 1997–98. He is a recent graduate of psychiatry residency who has an interest in applying psychoanalytic concepts to research and forensic psychiatry. We also honored Caplan with an honorary fellowship for his intriguing insights in the bioethics and psychodynamics of physician-assisted suicide, in vitro fertilization, and cloning.

The cornucopia of interesting and accomplished academicians and clinicians chosen as fellows for the 1998–99 academic year continues to add to our enthusiasm for this creative educational endeavor. The 1998–99 academic fellows:

- A highly acclaimed author and journalist specializing in mental and physical health issues whose last book, A Brilliant Madness: Living With Manic Depressive Illness, which she wrote with actress Patti Duke, was on the New York Times bestseller list for three months. She will use the fellowship to explore the role of psychoanalysis in the treatment of people with specific neurotic problems and personality disorders and hopes to incorporate this knowledge into her writing.
- An artist and owner/director of a well-known Philadelphia art gallery, who will use the fellowship to focus his thinking about the sources of creativity as it affects fine artists. He is especially intrigued by the relationship between neurotic conflict and artistic motivation and creativity.
- A Ph.D. candidate in sociology who will examine the psychodynamics and nature of social solidarity and isolation of individuals in the white working-class and poor neighborhoods she observed in her dissertation research fieldwork.
- An associate professor of education who is a teacher educator. She will use the fellowship to enhance her understanding of psychoanalytic views of child development, learning processes, and unconscious factors in the student/teacher relationship.

Clinical fellows for the 1998–99 academic year:

- A sex and couples therapist who will use the fellowship to gain a deeper understanding of how individual character pathology and conflicts affect troubled relationships. He hopes to learn more about intrapsychic conflict, transference, and countertransference in his approach to marital and sexual difficulties.
- A psychiatric resident who is also an attorney, who will explore the use of psychoanalytic concepts in forensic psychiatry.

A primary care physician who often cares for patients with eating disorders and other illnesses that have a strong psychological component. She is interested in how unconscious processes play a part in choosing particular symptoms.

Local psychoanalytic fellowships can fill an important niche within a psychoanalytic institute. Their unique educational role complements existing psychotherapy and psychoanalytic training programs. They are also an important vehicle for community inclusion, outreach, and public education. These local programs have led to lasting friendships and alliances in the community. Our local fellowship “ambassadors” often show their appreciation for the privilege of learning from psychoanalysts by spreading the word about their positive experiences with the psychoanalytic organization.

The connections and professional relationships with fellows typically extend beyond their formal educational year. In some instances, fellows transform mentorship into a supervisory relationship. In other instances, fellows continue to participate in talks, seminars, or courses as students, guest instructors, or speakers. Their unique perspectives from different academic and clinical disciplines has proven to be invigorating and refreshing for students and instructors.

Local fellowship programs have been created in a handful of cities, and in each instance the experience has added optimism and hopefulness to the psychoanalytic community. In light of our experience in Philadelphia, I can only suggest, “If you build it, they will come.”
Dear Sir,

“What is “applied” in “applied” psychoanalysis?”

Dr Aaron Esman’s excellent work ‘What is “applied” in “applied” psychoanalysis?’ (Int. J. Psychoanal., 79: 741-756) incisively cuts through the prejudices against scientific approaches to applied psychoanalysis. His scholarly, well-researched study beautifully demonstrates the point that integrating ‘psychoanalytic institutes and centres into the larger world of the academy ... would promote the effective teaching of psychoanalysis as a basic conceptual discipline for students in many fields’ (p. 749). But he concludes that this goal may be too difficult to attain given the current economic and intellectual climates.

An article which so skilfully challenges conventional thinking does not need to conclude with these conventional concerns, particularly since this conclusion flies in the face of fact.

At the Philadelphia Association for Psychoanalysis we have established a Psychoanalytic Fellowship Program which includes academics and non-clinicians. The Fellowship Program is an academic honour bestowed upon appropriate applicants through our Institute. This cost-effective initiative involves the Fellows in monthly meetings with Psychoanalytic Mentors selected from our faculty, who help the Fellows apply psychoanalytic concepts to their professions. The Fellows are also invited to attend classes in our Psychotherapy Training Program and Scientific Sessions. In only four years we have attracted Professors in English, Bioethics, History, Philosophy, a District Attorney and Public Defender, primary care physicians, a sociologist, several educators, an owner and director of a highly regarded art gallery, and a respected mental health journalist.

This accomplishment has been economical and has diversified teaching and learning throughout our organisation, yielding a renewed sense of mission and morale. I agree with Dr Esman that incorporating academics in psychoanalytic institutes, ‘remains not only worth pursuing but, perhaps, a condition for survival’ (p. 749).

In the spirit of Dr Esman’s challenge to conventional thinking about applied psychoanalysis and in light of our experience in Philadelphia, I can only suggest: ‘Build it and they shall come’.

Sincerely,

Bruce J. Levin

Chair, Subcommittee on Psychoanalytic Fellowship

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October 1998
Panel on Applied Psychoanalysis

SEPTEMBER 26, 1997
PANELISTS: Lori Lefkovitz, Ph.D.; Peter Hoffer, Ph.D.; Mimi Rose, JD; Arthur Caplan, MD; Harold Kolansky, MD (Moderator)

Reporter: Richard B. Cornfield, M.D.

In a rare confluence of literary intellectual scholarship, forensic clinical acumen, bioethical observations and concerns, and illuminating research findings hitherto unexplored, our Clinical, Academic, and Honorary Fellows deeply enriched us in the Fall of 1997 at a Scientific panel chaired by Dr. Harold Kolansky and organized by Dr. Bruce Levin. This panel was the product of a growing recognition by our Association and by our Fellows of a need to dialogue with each other in some areas of applied psychoanalysis that are ripe for mutual enlightenment.

Dr. Harold Kolansky framed the evening's presentations with a scholarly, highly inclusive discussion of the history of applied psychoanalysis starting early in this century with Freud's restless creativity that turned to areas of culture he felt could be more fully understood through application of his concepts of unconscious conflict. Freud's papers in such areas as religion, law, literature, art, fairy tales, archeology and mythology revealed him an innovator, scientist, clinician and philosopher. His clinical contributions emphasized the ubiquity of unconscious struggles not only in the consulting room but in society, in the arts, and in writing. As an example, Freud's study of the statue of Moses by Michelangelo in Rome highlighted the intense conflict Michelangelo portrayed, between wrath and rage at the Israelite worshipers of the Golden Calf, and reason, on the other side. These were likely derivatives of Michelangelo's own struggles and conflicted relationship with the Pope. And Freud's compelling need to penetrate the meaning of Michelangelo's Moses was obviously also related to Freud's personal conflicts, judging by his inability to sign his own name to his essay for ten years!

In concluding his introductory remarks, Dr. Kolansky expressed an enthusiasm over the mutuality of the enterprise we are engaged in with our Fellows and looked forward to a bridging relationship where our mutual interests in unconscious conflict and compromise could shed light on areas of literary, forensic, and clinical scholarship and research in professional areas represented by the Fellows. A "Whitman's Sampler" was anticipated.

The "Whitman's Sampler" of applied psychoanalytic ideas became a feast of literary, clinical, and psycho-historical scholarship, evident by the responsiveness and involvement of all the panelists and the audience that night. Particularly rewarding seemed the Fellows' sense of genuine excitement and curiosity combined with feelings of conviction, that human beings are driven by intense forces and the surface of awareness, whose complexities are only revealed upon careful examination and reflection. The dominant theme of the evening's presentations seemed that of the power of the unexpected, the latent, the hidden yet dynamically compelling forces that we as analysts regard as crucial in our daily work with patients.

In the first Panel presentation, Dr. Lori Lefkovitz, Director, the Center for Jewish Women's and Gender Studies, Reconstructionist Rabbinical College, and widely published critic and writer, discussed illusion in character development and in the search for identity in the Western narrative tradition. Perhaps setting the tone for the evening by stating, "You are who you aren't", she addressed questions related to the self was constructed in narrative. She pointed to a variety of rhetorical strategies that suggest coherence of character while masking internal contradictions. She discussed the concept of how characterization is often "smuggled" into descriptions of beauty. She also spoke of how stories that helped define and anchor personality or identity were shaped with examples of how the stories of our parents as people are often
related to conflicts over ambivalence and to oedipal struggles. Speaking personally, she discussed examples of how creating narrative requires distorting memory and how loss, whether via the Holocaust or in other ways, also shapes us. As the child of a Holocaust family, she has obviously spent much time searching for insights about identity and about the necessary ambivalence felt by children of survivors.

Dr. Peter Hoffer, a noted German psychohistorian, author, and Professor of German at Philadelphia College of Pharmacy and Science, expanded upon the researches on the cloudy issue of whether Ferenczi was mentally ill in the last years of his life, as noted by Freud and Jones. Were Ferenczi's unconventional forays and experiments during this time into such things as "mutual analysis" indicative of a psychological mental decline? Dr. Hoffer went on to indicate that the year 1932 and especially a psychotic episode in 1933 showed a behavioral degeneration and mental deterioration into paranoia and aggressiveness. There have been questions as to the source of Freud's information about Ferenczi's instability. Based upon documentation by Ferenczi's physician Levy, Freud's diagnosis of paranoia was partially substantiated, and it was believed he was suffering from manifestations of organic, neurological illness. This illness was largely attributable to the advanced neurological symptoms of perrucious areithia with subacute combined degeneration of spinal cord tissue. Thus, Dr. Hoffer, through his original research investigations, cast light on the views of Freud and of Ernest Jones regarding Ferenczi's deterioration, highlighting, in a rather unique fashion, the role of one set of determinants, here the neurologically ones, that so strongly shaped the clinical picture.

Ms. Mimi Rose, Chief Assistant District Attorney, Family Violence and Sexual Assault Unit, City of Philadelphia District Attorney's Office, revealed a longstanding interest in the interplay between law and psychoanalytic psychology. She has struggled with the dilemma that her profession involves, as a prosecutor, the search for evidence to support a position, not necessarily a search for truth. She welcomed the opportunity, in this setting, to explore what is the truth behind what she advocates as her position. In a most poignant and richly illuminating case, she illustrated a sensitive grasp of the motivational and emotional complexities of a woman accused of attempted murder of a newborn, and also of the tasks and dilemmas confronting a prosecutor in such a situation, in the struggle between the need for honest commitment to her professional code of ethics and to her sensitivity to the effects of trauma, confusion and acting out in a very scared and troubled young woman. As Dr. Lori LeKovitz had suggested, truth and identity are not what we think they are on the surface; behind a seemingly criminal act may lurk motives that are entirely the opposite. What was highlighted was the need for increasing dialogue and discourse between members of the legal profession and dynamically informed clinicians, students of human conflict and motivation.

Dr. Arthur Caplan, Professor and Chairman of the Department of Bioethics, University of Pennsylvania, spoke on physician assisted suicide. Dr. Caplan has shown an interest in a wide range of bioethical concerns, including that of organ donations, end of life care, and the questions of artificial baby-making. Focusing his very intense and pointed remarks on the behavior of Dr. Jack Kevorkian, against whom he has testified and whom he regards as having achieved unwarranted popular status, he raised many important questions over the role of the physician assisted suicide. What particularly has fascinated Dr. Caplan are the role of poorly-resolved, unconscious struggles, factors that may compel a physician to an act that is driven by intense personal conflict—possibly, in the case of Dr. Kevorkian, by an attempted mastery over death, related to earlier concentration camp experiences with the Armenian holocaust. He strongly questioned the status of Dr. Kevorkian as a "folk hero," a man he claimed has become progressively, almost fanatically focused on death in a pathological attempt at mastery over his own severe personal trauma and internal conflicts. Dr. Caplan sees also to have been very impressed by other unconscious motivating factors in turning to a doctor for assisted suicide, such as the exculpation of guilt by family members.

The questions raised by Dr. Caplan and other members of the Panel after the fine presentations of the evening were taken up with considerable interest and enthusiasm by the audience. The ensuing dialogue and interchange with the Panel members left no doubt that the fertilization of ideas among our various disciplines has already yielded intellectual stimulation, fervor, and expansion of understanding for all involved, members of the Association as well as Fellows.

Such interplay and enrichment through concepts, clinical experiences, and relevant questions are a testament to the growing and early success of all our efforts, and the evening's program will hopefully be an inspiration for future outreach activities with colleagues and professionals in the arts, literature, and sciences.